



当地酒店  
Local Hotel **4+5** ★

- **立山黑部雪壁**  
TATEYAMA KUROBE ALPINE ROUTE
- **白川乡合掌村**  
SHIRAKAWAGO GASSHO VILLAGE
- **富士芝樱花海**  
SHIBAZAKURA FESTIVAL

# 8 5 日本阿尔卑斯山精选

📍 大阪 / 京都 / 岐阜 / 高山 / 富山 / 松本 / 富士山 / 东京

## 第一天 吉隆坡 / 大阪

机上用餐

集合于吉隆坡国际机场，乘搭班机前往大阪关西国际机场。

## 第二天 大阪 / 京都 / 岐阜

午 / 晚

抵达后，首先我们将游览大阪著名的大阪城，然后我们将回到大阪市最热闹的地区，**心斋桥购物街和道顿堀美食街**。游毕后，将前往京都，游览**伏见稻荷大社**。日本约有1/3的神社属于稻荷神社，我们将游览的，是稻荷神社的总本社，地位崇高、历史悠久。入口处矗立着由丰臣秀吉于1589年捐赠的大鸟居，后面是神社的主殿及其他建筑物，尤以“千本鸟居”最为著名。  
住宿：岐阜三位酒店（当地4星级酒店）

## 第三天 岐阜 / 高山 / 白川乡 / 富山

早 / 午 / 晚

早餐后，乘车前往**郡上八幡**，参观独特的塑料食物样本。郡上八幡位于岐阜县中央的奥美浓的中心，长良川上游与支流吉田川会合之处，是16世纪修建的郡上八幡城的“城下町”（以诸侯的居城为中心发展起来的城镇）。毕后，前往**飞弹高山老街**，是400年前高山城主金森长近效仿京都開發的城下町(城堡周圍的城市)。金森长近是豐田秀吉麾下的歷史名將，在飛驒地區留下城郭、神社與佛堂等許多歷史遺跡。金森長近曾在干利休及古田織部等茶道名師之下學習，據說高山如此優美的街景就是受到茶道深奧的境界所帶來的獨特美感的影響。过后，前往1995年被联合国教科文组织列为世界文化遗产的**白川乡合掌村（含门票）**，参观日本传统建筑珍宝，百多栋【合掌造】茅草屋顶的民家，造型非常特殊，营造出一种很幻想式的田野风情。  
住宿：富山皇冠假日酒店或同级（当地5星级酒店）

## 第四天 高山 / 立山黑部 / 松本

早 / 午 / 晚

早餐后，前往游览**立山黑部**，它位于日本中部，有“日本阿尔卑斯山”、“日本最后秘境”之称，自古即被视为日本灵山，与富士山和白山并列为日本三大神山。这里的**雪墙**，是立山黑部的标志性景物，十几二十米高的雪墙，非常壮观，人身处其中，可以亲自触摸到如极地般的冰壁，很是震撼。途中您可欣赏到列日本三大圣山的**立山**，浏览四周山脉群峰所形成的壮丽风景。您可乘坐6种不同的交通工具，尽情欣赏周围的美景，这六种交通工具分别为立山缆车，高原巴士，隧道巴士，空中缆车，黑部地下缆车和关巴山路巴士。沿途回经过日本最高，350米高的称名瀑布。畅游著名的黑部山脉，饱享大自然风光。接着游览被视为世界最伟大人造奇观之一的黑部水坝。观赏日本阿尔卑斯山的美景。  
住宿：松本布埃納維斯塔酒店或同级（当地5星级酒店）

## 第五天 松本 / 富士山

早 / 午 / 晚

今天我们将乘车前往**富士山**，是日本一座横跨静冈县和山梨县的活火山，富士山顶于冬季积雪，直至隔年六、七月才会溶化，高度为3775米，是日本国内的最高峰。尔后，驱车前往游览**忍野八海村**，富士山雪水流经地层过滤成清澈的淡水，再从忍野八个地方涌出来，平均水温约摄氏十三度，水质清冽甘甜，1985年入选“日本名水百选”。毕后，游览**富士芝樱祭**。

这是首都圈内最大级别的芝樱节，每年都会定期举办的祭典，是日本首都圈最大规模约80万颗芝樱，在富士山下广大的平原上绽放，色彩鲜艳美丽无比，是花的祭典。每年4月下旬到5月下旬这1个多月的时间里，最大规模的80万株芝樱在山梨县河口湖畔逐渐绽放，如同“地上彩虹”，艳丽的芝樱、蓝天与富士山顶的白雪形成绝佳的美景，教人神往。（如芝樱季节已过，将安排游览**西湖行愈之里根场**，是前往河口湖絕不能錯過的景點，以傳統茅茸古屋打造最具傳統風味的日本村落，搭配遠方富士山美景）  
住宿：富之湖温泉酒店（当地4星级酒店）

## 第六天 富士山 / 东京

早 / 午

早餐后，前往东京参观最古老的寺庙**浅草观音寺**。又名金龍山浅草寺，是東京都內歷史最悠久的寺院。这座寺庙的标志是在门前悬挂着巨大红的灯笼。引向寺庙的**仲见世商店街**，街道两旁摆满了各种传统日本小吃摊位，您还可以在这里买到精致漂亮的纪念品。之后，途经著名的东京晴空塔和国会大厦。继续前往全世界地价最贵的**银座**，能在银座消费是一种高级身份象征。  
住宿：APA东京湾幕张度假酒店（当地4星级酒店）

## 第七天 东京 / 吉隆坡

早 / 午

早餐后，将游览**皇居**，标志着东京的中心和日本的象征性心脏。您可以在故宫外漫步，欣赏美丽的护城河、桥梁和宫殿城墙的景色。您还可以进入故宫东花园，这是远离城市拥挤和混凝土的绝佳场所。游毕后，将前往东京人气打卡地—**御台场**，这里集合了时尚餐饮娱乐于一身，这里的海滨公园，彩虹大桥，大型商城以及娱乐设施，都可让您尽情观光。之后，途经著名的东京晴空塔和国会大厦。毕后，前往**阿美横丁**，是一个热闹的街头市场。这条街上有各种各样的小型零售店，出售海鲜、水果和蔬菜、杂货、打折服装、配饰、化妆品、手表和糖果。还有大量出售街头小吃的摊位，以及便宜的餐馆、咖啡馆和酒吧。毕后，送往机场乘搭客机飞返美丽的家园。

## 第八天 抵达吉隆坡

机上用餐



白川乡合掌村  
Shirakawago Gassho Village

- 倘若原定的景点不对外开放，将由其他景点取代  
If a place of visit is closed to visitors, it will be replaced with an alternative
- 以上的景点先后顺序可根据具体的情况有所调整。  
The itinerary are subject to the final discretion of the local land operator.

- 在主要节日，商业展览，旅游旺季期间，住宿酒店可能需要安排在另一个城市。  
During major events / trade shows / peak season, accommodation may not be in the city mentioned.



## 行程特点 Highlights :



立山黑部  
Alpine Route



富士芝樱祭  
Fuji Shibazakura Festival

### • 富士山住宿于温泉酒店，泡天然温泉、真实体验

Mount Fuji stay hot spring hotel. experience natural hot springs. the real-life experience

### • 一瞰日本阿尔卑斯水库及冰壁山脉的浩瀚

View of the majestic Ushiro-Tateyama Mountain Range, which tower likes a huge folding screen

### • 游览世界闻名、雄伟的立山黑部

Visit most famous Alpine Route in the world

### • 世界文化遗产《白川乡合掌村》

UNESCO <Shirakawago Gassho Village>

### • 游览富士芝樱祭，首都圈内最大级别的芝樱节

Fuji Shibazakura Festival largest in Japan



奈良东大寺  
Nara Todaiji

## 特点美食 Meal Highlights:



### • 日式寿喜锅 Sukiya Cuisines

### • 日式涮涮锅 Japanese SHABU-SHABU

### • 高山特产飞弹牛套餐(可选猪/鸡)

Takayama Hida beef set (can choose pork/chicken)

### • 日式烧烤 Japan style BBQ

### • 日式套餐 Japanese Cuisines

### • 酒店日式自助餐 (刺身、寿司、天妇罗) 吃到饱!

Japanese style hotel buffet

(Sashimi, Sushi, Tempura) eat as much as you can!

8 5  
Days Nights

# JAPAN ALPINE DELIGHT

📍 OSAKA / KYOTO / GUJO / TAKAYAMA / TOYAMA / MATSUMOTO / MT FUJI / TOKYO

## Day 1 KUALA LUMPUR / OSAKA

MOB

Assemble at Kuala Lumpur International Airport for your departure flight to Osaka.

## Day 2 OSAKA / KYOTO / GIFU

L / D

Upon arrival, proceed to view **Osaka Castle**. The construction of Osaka Castle, started in 1583 on the former site of the Ishiyama Honganji Temple, which had been destroyed by Oda Nobunaga thirteen years earlier. Toyotomi Hideyoshi intended the castle to become the center of a new, unified Japan under Toyotomi rule. It was the largest castle at the time. Then proceed to **Shinsaibashisuji**, is the largest shopping area in Osaka where many boutiques and specialty shops are gathered. There are also many restaurants in **Dotonbori** where you can enjoy the Japanese food as well as a wide variety of tastes from all over the world. After this proceed to Kyoto for visit **Fushimi Inari taisha**, is the most important of several thousands of shrines dedicated to Inari, the Shinto god of rice.

**Hotel: Gifu Resol Hotel or similar (Local 4stars hotel)**

## Day 3 GIFU / TAKAYAMA / SHIRAKAWAGO / TOYAMA

B / L / D

After breakfast, proceed to visit **Gujo Hachiman**, the Food Replica Shop, few people know that the plastic "food sample", seen outside virtually every restaurant in Japan was invented in Gujo Hachiman. Visitors to Gujo Hachiman have a unique opportunity to visit where food samples for approximately 80% of restaurants in Japan are made. After that visit to **Takayama's old town**, has been beautifully preserved with many buildings and whole streets of houses dating from the Edo Period (1600-1868), when the city thrived as a wealthy town of merchants. Then will proceed to **Shirakawago Gassho Village**, nestled in a rural setting reminiscent of the old Japan, Shinkawago is world famous for its steeply thatch roofed or 'gassho-zukuri' style traditional of the finest in craftsmanship.

**Hotel: Toyama Crowne Plaza ANA Hotel or similar (Local 5stars hotel)**

## Day 4 TOYAMA / ALPINE / MATSUMOTO

B / L / D

After breakfast, visit to **Tateyama Kurobe Alpine Route** has distance of 86km and goes from Takayama station on the Toyama Chiho Tetsudo line to Nagano Ogisawa. On the way to the Alpine route, there are many scenic spots. View **Takayama** one of Japan's 3 Sacred Mountains and has been worshipped since ancient times. Enjoy picturesque rural scenery along the Tateyama Kurobe Alpine route via a combination of 6 different transportations: Tateyama cable car, highland bus, tunnel trolley bus, Kurobe cable car, Kanden tunnel bus and ropeway. Along the way pass by the 350 metre high Shomyo-daki, the highest waterfall in Japan, and also Murodo where a spring of 2-5 degrees Celsius gushes out even in summer. At Daikanbo thrill to a sweeping view of the majestic Ushiro-Tateyama Mountain Range, which tower likes a huge folding screen. Explore the famous Kurobe Alps, also known as the spinal core of Japan, for its

unique diversity of floras, faunas and alps sceneries. Next be amaze by Kurobe Dam, one of the greatest man made wonders in the world. **( popularly known as 'Kuroyon Dam'. You may experience the famous Snow Corridor if you visit between end April and end May - subject to weather conditions ).**  
**Hotel: Hotel Buena Vista or similar (Local 5stars hotel)**

## Day 5 MATSUMOTO / MT FUJI

B / L / D

After breakfast, visit to **Mt. Fuji**, the most sacred mountain in Japan. The world famous symbol of Japan. Then proceed to **Oshino Hakkai Village** for visit. Then will visit to **Fuji Shibazakura Festival**, is held beside Lake Motosuko, the foot of Mount Fuji. About 800,000 Shibazakura (mossphlox) cover vast fields to give colors and stunning contrast of pink ground with the majestic Mount Fuji. The festival is the largest Shibazakura festival in Japan and annually held from mid-April to early June. **(If over Shibazakura Season, will arrange to proceed to Iyashi no Sato stands on the site of a former farming village on the western shores of Lake Saiko. The village was destroyed by a landslide during a typhoon in 1966.)**

**Hotel: Tominoko Hot Spring Hotel or similar (Local 4stars hotel)**

## Day 6 MT FUJI / TOKYO

B / L

This morning we will visit the popular **Asakusa Kannon Temple**, the oldest temple in Tokyo which is also famous for its huge red lantern on the Kaminarimon. Not to be missed is definitely a walk along **Nakamise Shopping Street** where one will find a jam-packed selection of souvenirs and traditional Japanese snacks. Next, we will go through for view of Tokyo Sky Tree and Japan Parlimen. After this proceed to **Ginza**, world's most expensive shopping land, with lots of branded shopping places.

**Hotel: Makuhari APA Resort Hotel or similar (Local 4stars hotel)**

## Day 7 TOKYO / KUALA LUMPUR

B / L

After breakfast, visit **The Imperial Palace**, you can walk around the outside of the Imperial Palace and enjoy views of the lovely moats, bridges and walls of the Palace. You can also enter the Imperial Palace East Garden, which is a fine escape from the crowds and concrete of the city. Then will visit to **Odaiba**, the park has the famous replica of the statue of liberty and is loved by many Japanese. You can enjoy the view of the statue of liberty, ocean, the Rainbow Bridge all together is breathtaking. Then will proceed to **Ameyoko**, is a lively street market. The street features a huge variety of selling seafood, fruits and vegetables, general groceries, discount clothing, accessories, cosmetics, watches, and confectionery. There are also a large number of stalls selling street-food snacks, along with cheap restaurants, cafes, and bars. After this, proceed to airport for flight back to KLIA.

## Day 8 ARRIVE KUALA LUMPUR

MOB

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